

# UNITED NEIGHBORHOODS OF EVANSVILLE GENERAL MEMBERSHIP MEETING MINUTES

February 26<sup>th</sup>, 2009

Neighborhoods and organizations present were: Alvord, Ballard, CHAIN, Culver, Eastview, Hilltop, Iroquois Gardens, Jacobsville, Lorraine Park, Red Cross, South Lincoln Park Drive, STAR, Western Terrace, Westside Improvement and Willamette Village

The meeting in the Red Cross Building was called to order at 6:30 p.m. by President-Elect Chris Cooke. The Pledge of Allegiance was led by Jim Morgan. A welcome was given to Doug Barton the new President of Mt. Auburn Neighborhood.

## **Minutes – Linda Jones**

Minutes of the January 22, 2009 meeting were approved as written. The motion was made by Jim Morgan and the second by Steve Harp, motion carried.

## **Financial Report – Dick Tredway**

January financial statements were distributed. There was nothing out of the ordinary for the month of January. The report was filed for review.

## **Old Business**

### **Ohio Street Warning Lights**

Janet James announced the light has been installed and activated. This was brought to the attention of the City by Poplar Grove Neighborhood and the West Sector Citizen's Committee. It has been a 10-12 year project.

## **New Business**

### **Sparkplug Banquet Update – Chris Cooke**

Chris announced the first meeting will be March 23<sup>rd</sup> at 5pm in the UNOE office. At this meeting there will be discussion about speakers and try to come up with a theme. Anyone is welcome to attend the meeting ~ if you can't and have ideas for a speaker and a theme please let Chris or Lori know. The Banquet will be held on November 6<sup>th</sup> this year at the Scottish Rite.

### **First Aid and CPR Classes – Chris Cooke**

UNOE has partnered with the Red Cross to hold First Aid and CPR classes for UNOE families. There will be 2 - 4 hour classes which you must attend both or an all day class. The classes will be held on Tuesday and Thursday April 14<sup>th</sup> and 16<sup>th</sup> from 6-10pm. And Saturday, May 30<sup>th</sup> from 8am -5pm. Please let the UNOE office know if you plan on attending.

### **Great American Cleanup – Chris Cooke**

The theme for this year's Great American Cleanup is "Green Starts Here".

- March 15<sup>th</sup> Registrations Due
- March 28<sup>th</sup> UE "Give Back Program" – cleaning the Greenway from 10am – 2pm
- April 4<sup>th</sup> Picnic at Wesselman Park from 11am-1pm (get supplies if you haven't already)
- April 18<sup>th</sup> Tire Amnesty at Civic Center 8am-noon
- May 16<sup>th</sup> Great American Cleanup Day

### **Guns and Hoses – Chris Cooke**

This will be the 2<sup>nd</sup> annual Guns and Hoses event in Evansville – this pits policemen and firemen against each other in 3 –one minute rounds. This is a great event to raise money for Willie Prader Syndrome and another local not-for-profit organization. This year it has been move to Roberts Stadium; tickets are \$15, \$20 and \$25.

## **Census Bureau – Chris Cooke**

Apply today they are hiring! Earn competitive pay; get paid weekly; work flexible hours; receive paid training; be reimbursed for authorized mileage and expenses and help your community have a successful 2010 Census.

## **Program**

### **“Lifetime Care of Your Heart” – Dr. Dan Adams (his e-mail is drhda501@aol.com)**

Pulse Taking Skills – Dr. Adams said to practice taking pulse on everyone. Locations to take pulse are your wrist, neck and groin area. There are 3 things to listen for; they are as follows:

- Note the approximate rate – none, slow, medium or fast
- Rhythm – is it regular, regularly irregular or irregularly irregular
- Pulse volume – how full does each pulse wave feel

He also said a

- Blood Pressure should be 130/85 or lower
- Read a fun read any time you have extra time – just to relax
- Eat a big breakfast, medium lunch and a small dinner
- Men’s waist should be under 40” and a Woman’s waist should be under 35”

## **Breast Cancer Screening Opportunity for Neighborhood Associations –**

### **Lynn Hert Deaconess Family Practice**

Lynn announced that about 7 years ago Deaconess Family Practice partnered with CHAIN, STAR and Jacobsville neighborhoods to get a grant through the Komen Foundation. About 2 years ago Lamasco Neighborhood was included in the grant. Each area has a mentor from the neighborhood that speaks at all meetings about Breast Health, some thing is included in all newsletter’s that they publish, and they usually hold a special event to give breast health information.

She wanted to know if other neighborhoods were interested in having a special event for their members. A Doctor would attend; there would be a DVD presentation, and maybe women that have survived breast cancer would be there. Everyone was in agreement that there should be 3 different events; one in each part of the city. Maybe there should be 1 on a Saturday, one on a week day and one on a week night. Door Prizes would be a must!

It was announced the Komen Walk would be moved to the downtown area this year. The date is Saturday, September 19<sup>th</sup>. They would like to meet with the inner city neighborhoods. They were told about the COIN meetings and were given the date, time and location of their next meeting.

## **ANNOUNCEMENTS:**

Marlin Beck announced that HB1468 (pertaining to Dog Mills) passed the House – it will be going to Senate. Please contact Veneta Becker and thank her for all she has done to help get this passed.

Chris Cooke announced that UNOE Membership Dues are due by March 2<sup>nd</sup>. Please get them paid so they can turn them into the City by the deadline.

Susan Harp announced it is probably time to replenish your CERT Team supplies. Marlin said his church was used as a shelter for their members. Maybe other churches could be used for the same purpose.

Steve Harp made a motion to adjourn the meeting, Barb Boatright seconded. The meeting was adjourned at 8:00p.

Linda Jones  
UNOE Secretary